

s	Nombre	Tiempo																			
(16)			6,8 km	90 m	25 C																
			1(37)	2(44)	3(48)	4(46)	5(53)	6(49)	7(51)	8(52)	9(57)	10(51)	11(50)	12(54)	13(45)	14(43)	15(40)	16(39)	17(42)	18(40)	19(41)
			20(38)	21(40)	22(31)	23(36)	24(35)	25(100)	Meta												
1	Flavio Hernandez Suarez Orientagc	41:02	1:29	3:36	5:59	8:52	9:57	11:18	13:07	14:26	15:28	16:50	18:51	21:10	23:28	26:48	28:08	29:12	29:53	30:48	31:52
			1:29	2:07	2:23	2:53	1:05	1:21	1:49	1:19	1:02	1:22	2:01	2:19	2:18	3:20	1:20	1:04	0:41	0:55	1:04
			33:00	34:14	36:32	38:09	39:52	40:36	41:02												
			1:08	1:14	2:18	1:37	1:43	0:44	0:26												
2	David Pérez Talavera	42:27	1:41	3:58	6:56	9:49	11:11	12:38	14:16	15:35	16:40	17:50	19:39	22:01	24:07	27:31	29:15	30:17	31:12	32:02	33:07
			1:41	2:17	2:58	2:53	1:22	1:27	1:38	1:19	1:05	1:10	1:49	2:22	2:06	3:24	1:44	1:02	0:55	0:50	1:05
			34:11	35:26	37:45	39:02	41:09	41:57	42:27												
			1:04	1:15	2:19	1:17	2:07	0:48	0:29												
3	Yeray Sosa Perez	43:54	1:57	4:12	6:14	9:33	11:10	12:28	14:33	15:23	16:24	17:38	20:00	22:29	24:41	27:56	29:57	30:58	31:48	32:46	33:50
			1:57	2:15	2:02	3:19	1:37	1:18	2:05	0:50	1:01	1:14	2:22	2:29	2:12	3:15	2:01	1:01	0:50	0:58	1:04
			34:58	36:13	38:19	40:01	42:15	43:19	43:53												
			1:08	1:15	2:06	1:42	2:14	1:04	0:34												
4	Javier Medina Rivero	54:59	2:15	5:08	7:31	10:54	12:34	14:14	16:09	20:49	21:55	23:24	25:49	28:33	30:57	34:48	36:47	40:37	41:38	42:42	44:05
			2:15	2:53	2:23	3:23	1:40	1:40	1:55	4:40	1:06	1:29	2:25	2:44	2:24	3:51	1:59	3:50	1:01	1:04	1:23
			45:14	46:48	49:26	50:41	53:24	54:21	54:59	38:29											
			1:09	1:34	2:38	1:15	2:43	0:57	0:37	*42											
5	eerik skytta	59:01	2:00	5:37	16:10	19:41	21:38	23:23	25:27	26:48	28:29	29:50	32:37	35:15	37:36	41:31	43:13	44:28	45:22	46:27	47:45
			2:00	3:37	10:33	3:31	1:57	1:45	2:04	1:21	1:41	1:21	2:47	2:38	2:21	3:55	1:42	1:15	0:54	1:05	1:18
			48:45	50:16	52:54	54:23	56:59	58:00	59:00												
			1:00	1:31	2:38	1:29	2:36	1:01	1:00												
6	Hector Gonzalez Moran	1:02:20	1:58	5:16	7:46	11:54	13:30	15:22	17:53	19:18	20:41	22:16	31:52	34:42	37:53	42:32	44:33	45:50	46:45	47:50	49:28
			1:58	3:18	2:30	4:08	1:36	1:52	2:31	1:25	1:23	1:35	9:36	2:50	3:11	4:39	2:01	1:17	0:55	1:05	1:38
			51:04	52:38	55:36	57:22	1:00:23	1:01:37	1:02:19												
			1:36	1:34	2:58	1:46	3:01	1:14	0:42												
7	Gustavo De Armas Rodri	1:04:03	2:24	5:34	9:56	14:32	16:25	18:16	20:55	22:16	23:37	25:07	27:43	31:14	34:56	40:57	43:26	44:57	45:59	47:26	50:24
			2:24	3:10	4:22	4:36	1:53	1:51	2:39	1:21	1:21	1:30	2:36	3:31	3:42	6:01	2:29	1:31	1:02	1:27	2:58
			52:08	53:48	56:50	59:16	1:02:10	1:03:27	1:04:02												
			1:44	1:40	3:02	2:26	2:54	1:17	0:35												
8	Martín Henríquez Hernán	1:06:49	2:39	5:37	10:21	14:29	16:28	18:20	20:39	22:36	25:52	28:09	31:08	34:29	37:46	42:54	45:05	46:30	47:38	50:05	52:39
			2:39	2:58	4:44	4:08	1:59	1:52	2:19	1:57	3:16	2:17	2:59	3:21	3:17	5:08	2:11	1:25	1:08	2:27	2:34
			54:25	56:30	1:00:03	1:01:39	1:04:43	1:06:01	1:06:48												
			1:46	2:05	3:33	1:36	3:04	1:18	0:47												
9	Daniel Jorge Lobato	1:11:29	3:01	7:36	17:22	22:32	24:33	27:17	29:37	31:01	32:45	34:25	38:02	41:29	45:12	50:21	52:45	54:04	55:20	56:38	58:26
			3:01	4:35	9:46	5:10	2:01	2:44	2:20	1:24	1:44	1:40	3:37	3:27	3:43	5:09	2:24	1:19	1:16	1:18	1:48
			59:50	1:01:56	1:05:11	1:06:27	1:09:16	1:10:27	1:11:28												
			1:24	2:06	3:15	1:16	2:49	1:11	1:01												
10	Jaime Vega Ocaña Independiente	1:18:39	2:38	7:04	11:39	17:25	20:05	22:40	26:27	28:02	29:55	32:16	35:51	40:18	44:51	51:30	54:08	56:00	57:19	58:36	1:00:52
			2:38	4:26	4:35	5:46	2:40	2:35	3:47	1:35	1:53	2:21	3:35	4:27	4:33	6:39	2:38	1:52	1:19	1:17	2:16
			1:03:08	1:06:35	1:10:41	1:12:52	1:16:11	1:17:51	1:18:38												
			2:16	3:27	4:06	2:11	3:19	1:40	0:47												
11	Noemi Sanchez Giraldo	1:21:39	2:20	5:50	8:57	14:23	17:03	19:19	22:47	26:04	27:49	29:38	35:08	39:22	43:22	49:01	59:52	1:02:12	1:03:35	1:04:49	1:06:12
			2:20	3:30	3:07	5:26	2:40	2:16	3:28	3:17	1:45	1:49	5:30	4:14	4:00	5:39	10:51	2:20	1:23	1:14	1:23
			1:07:59	1:09:42	1:13:58	1:15:39	1:18:52	1:21:01	1:21:38												
			1:47	1:43	4:16	1:41	3:13	2:09	0:37												

s	Nombre	Tiempo																				
(11)			6,4 km 80 m			23 C		<i>(cont.)</i>														
			1(37)	2(40)	3(43)	4(48)	5(46)	6(50)	7(51)	8(52)	9(49)	10(54)	11(45)	12(44)	13(42)	14(39)	15(40)	16(38)	17(41)	18(40)	19(56)	
			20(31)	21(36)	22(35)	23(100)	Meta															
5	Jose Santana Delpino Independiente	1:24:45	3:16	5:26	7:55	17:16	21:52	36:17	39:52	41:09	44:36	48:35	52:07	54:53	58:43	1:00:59	1:02:20	1:07:46	1:08:39	1:10:32	1:14:32	
			3:16	2:10	2:29	9:21	4:36	14:25	3:35	1:17	3:27	3:59	3:32	2:46	3:50	2:16	1:21	5:26	0:53	1:53	4:00	
			1:15:53	1:17:41	1:21:29	1:23:50	1:24:44															
			1:21	1:48	3:48	2:21	0:54															
6	Nedea Navarro Collado	1:32:46	3:13	4:54	8:11	18:31	23:47	39:59	43:20	45:42	53:44	57:22	1:02:04	1:06:29	1:08:54	1:10:58	1:12:11	1:16:10	1:17:33	1:19:36	1:22:58	
			3:13	1:41	3:17	10:20	5:16	16:12	3:21	2:22	8:02	3:38	4:42	4:25	2:25	2:04	1:13	3:59	1:23	2:03	3:22	
			1:24:25	1:27:17	1:30:44	1:31:56	1:32:45															
			1:27	2:52	3:27	1:12	0:49															
7	Alvaro Hernández Santan	1:33:33	5:49	7:13	10:17	19:18	24:57	36:43	39:35	41:46	45:19	52:45	59:09	1:02:46	1:05:18	1:06:18	1:10:13	1:12:15	1:16:29	1:17:55	1:20:13	
			5:49	1:24	3:04	9:01	5:39	11:46	2:52	2:11	3:33	7:26	6:24	3:37	2:32	1:00	3:55	2:02	4:14	1:26	2:18	
			1:21:36	1:23:58	1:29:11	1:32:46	1:33:32	48:56														
			1:23	2:22	5:13	3:35	0:46	*53														
8	Gara Afonso	2:24:44	6:55	9:32	14:04	21:02	27:42	1:28:12	1:30:58	1:32:40	1:36:43	1:41:10	1:45:07	1:49:12	1:53:50	1:55:06	1:59:51	2:02:33	2:04:38	2:07:27	2:11:01	
			6:55	2:37	4:32	6:58	6:40	1:00:30	2:46	1:42	4:03	4:27	3:57	4:05	4:38	1:16	4:45	2:42	2:05	2:49	3:34	
			2:12:40	2:16:53	2:22:01	2:24:01	2:24:43															
			1:39	4:13	5:08	2:00	0:42															
	Javier Gonzalez Alamo	or en tarj.	3:00	5:01	10:23	17:21	23:42	1:02:16	1:06:58	1:08:59	1:13:28	-----	1:25:35	1:30:42	1:34:38	1:38:37	1:41:57	1:47:00	1:48:32	1:51:39	1:55:15	
			3:00	2:01	5:22	6:58	6:21	38:34	4:42	2:01	4:29	-----	12:07	5:07	3:56	3:59	3:20	5:03	1:32	3:07	3:36	
			1:57:00	2:02:39	2:06:44	2:08:27	2:09:40	1:16:51														
			1:45	5:39	4:05	1:43	1:13	*53														
	Claudia Valencia Sánche	bandona	6:48	11:39	14:07	19:53	26:10	1:03:50	-----	1:07:34	1:24:27	1:28:34	1:32:10	-----	1:44:54	-----	-----	-----	-----	-----	-----	
			6:48	4:51	2:28	5:46	6:17	37:40	-----	3:44	16:53	4:07	3:36	-----	12:44	-----	-----	-----	-----	-----	-----	
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
nc	Aitor Déniz Pérez	1:21:06	2:20	3:48	6:34	11:12	15:55	36:20	38:25	39:35	41:43	47:29	50:49	55:16	57:29	58:47	59:43	1:02:09	1:05:23	1:07:52	1:10:23	
			2:20	1:28	2:46	4:38	4:43	20:25	2:05	1:10	2:08	5:46	3:20	4:27	2:13	1:18	0:56	2:26	3:14	2:29	2:31	
			1:11:34	1:14:48	1:18:16	1:20:05	1:21:05															
			1:11	3:14	3:28	1:49	1:00															
(83)			3,9 km 30 m			16 C																
			1(37)	2(40)	3(41)	4(43)	5(40)	6(42)	7(39)	8(40)	9(56)	10(31)	11(36)	12(35)	13(34)	14(33)	15(32)	16(100)	Meta			
1	Carlos Barbosa Hernánd	29:19	1:52	3:05	4:14	6:20	8:00	9:32	10:30	11:21	13:30	14:59	16:58	19:42	21:26	23:19	26:25	28:41	29:18			
			1:52	1:13	1:09	2:06	1:40	1:32	0:58	0:51	2:09	1:29	1:59	2:44	1:44	1:53	3:06	2:16	0:37			
2	Yanira Delgado Quintana	33:34	3:07	4:14	5:37	8:09	9:53	11:09	12:34	13:30	16:09	17:09	19:01	22:22	24:12	26:29	29:58	32:35	33:33			
			3:07	1:07	1:23	2:32	1:44	1:16	1:25	0:56	2:39	1:00	1:52	3:21	1:50	2:17	3:29	2:37	0:58			
3	Ainara Del Carme Hernan	37:04	4:50	5:56	7:01	9:36	12:03	13:43	14:51	16:02	18:22	19:40	22:05	26:17	27:52	30:26	33:50	35:42	37:03			
			4:50	1:06	1:05	2:35	2:27	1:40	1:08	1:11	2:20	1:18	2:25	4:12	1:35	2:34	3:24	1:52	1:21			
4	Carlos Barbosa Independiente	37:31	3:03	4:56	8:07	11:45	13:14	14:23	15:12	16:01	19:01	21:32	23:46	27:02	28:27	30:29	34:46	36:50	37:30			
			3:03	1:53	3:11	3:38	1:29	1:09	0:49	0:49	3:00	2:31	2:14	3:16	1:25	2:02	4:17	2:04	0:40			
5	Idubarén Macias Gonzále	40:47	2:18	3:36	5:17	7:37	10:57	15:53	16:51	19:45	21:40	23:13	24:39	28:07	32:02	33:52	37:01	39:58	40:46			
			2:18	1:18	1:41	2:20	3:20	4:56	0:58	2:54	1:55	1:33	1:26	3:28	3:55	1:50	3:09	2:57	0:48			

s	Nombre	Tiempo																	
(83)			3,9 km	30 m	16 C	(cont.)													Meta
			1(37)	2(40)	3(41)	4(43)	5(40)	6(42)	7(39)	8(40)	9(56)	10(31)	11(36)	12(35)	13(34)	14(33)	15(32)	16(100)	Meta
6	Pablo Monjo García	40:54	2:43	4:34	7:18	10:23	15:50	17:18	18:47	19:58	22:48	24:13	26:36	29:45	31:29	33:32	37:59	39:50	40:53
			2:43	1:51	2:44	3:05	5:27	1:28	1:29	1:11	2:50	1:25	2:23	3:09	1:44	2:03	4:27	1:51	1:03
7	Óscar González Ramírez	41:25	2:37	4:08	5:33	8:20	10:52	13:31	15:16	16:27	19:15	20:32	22:08	25:18	27:27	29:49	38:02	40:41	41:24
			2:37	1:31	1:25	2:47	2:32	2:39	1:45	1:11	2:48	1:17	1:36	3:10	2:09	2:22	8:13	2:39	0:43
8	Corina Marrero Monzón	43:18	2:22	3:50	5:27	8:43	11:22	15:50	17:46	19:16	22:42	23:55	26:38	30:38	32:37	35:33	39:42	42:23	43:17
			2:22	1:28	1:37	3:16	2:39	4:28	1:56	1:30	3:26	1:13	2:43	4:00	1:59	2:56	4:09	2:41	0:54
9	Antonio Tomás Caballer	44:05	6:27	7:51	10:20	13:30	16:00	17:36	19:04	20:12	23:06	24:45	27:14	31:09	33:18	36:27	40:35	43:13	44:04
			6:27	1:24	2:29	3:10	2:30	1:36	1:28	1:08	2:54	1:39	2:29	3:55	2:09	3:09	4:08	2:38	0:51
10	Jose Franco Guedes	45:58	3:49	5:47	7:41	10:54	12:52	15:00	15:54	18:26	21:32	23:29	25:44	30:58	34:12	37:52	40:50	44:43	45:57
			3:49	1:58	1:54	3:13	1:58	2:08	0:54	2:32	3:06	1:57	2:15	5:14	3:14	3:40	2:58	3:53	1:14
11	Oscar Bordón	46:47	4:48	6:26	9:08	12:27	15:12	17:50	19:45	21:30	25:04	26:53	28:43	33:35	35:54	39:01	42:57	45:13	46:46
			4:48	1:38	2:42	3:19	2:45	2:38	1:55	1:45	3:34	1:49	1:50	4:52	2:19	3:07	3:56	2:16	1:33
12	Javier Ruano Hernandez	48:14	2:33	5:14	7:06	10:37	12:42	14:54	19:30	23:44	26:31	27:53	30:27	33:46	37:46	39:49	43:13	47:28	48:13
			2:33	2:41	1:52	3:31	2:05	2:12	4:36	4:14	2:47	1:22	2:34	3:19	4:00	2:03	3:24	4:15	0:45
13	Alicia Esther Herrera Ve	49:45	3:30	5:57	9:23	13:10	16:54	20:03	22:14	24:12	27:43	29:35	31:16	35:53	37:57	41:21	45:51	48:55	49:44
			3:30	2:27	3:26	3:47	3:44	3:09	2:11	1:58	3:31	1:52	1:41	4:37	2:04	3:24	4:30	3:04	0:49
14	Leonor Celano	49:58	4:00	7:24	9:36	13:37	17:04	19:41	21:22	23:28	26:40	28:18	30:10	34:38	37:58	40:47	46:17	48:55	49:57
			4:00	3:24	2:12	4:01	3:27	2:37	1:41	2:06	3:12	1:38	1:52	4:28	3:20	2:49	5:30	2:38	1:02
15	Rosario Bordon Ramos	51:13	3:52	5:20	7:46	10:50	14:28	16:15	17:37	19:21	22:45	23:55	26:02	29:07	31:14	33:37	43:43	50:32	51:12
			3:52	1:28	2:26	3:04	3:38	1:47	1:22	1:44	3:24	1:10	2:07	3:05	2:07	2:23	10:06	6:49	0:40
16	Sara Beatriz Santana San	51:19	2:55	6:25	8:36	11:35	14:49	16:46	20:20	23:59	29:36	31:32	33:10	37:54	40:39	43:11	47:53	49:33	51:18
			2:55	3:30	2:11	2:59	3:14	1:57	3:34	3:39	5:37	1:56	1:38	4:44	2:45	2:32	4:42	1:40	1:45
17	Tasarte Rodríguez Santa	51:50	3:49	6:59	9:19	12:08	15:23	17:26	20:49	24:30	30:11	32:01	33:44	38:32	41:15	43:39	48:24	50:03	51:49
			3:49	3:10	2:20	2:49	3:15	2:03	3:23	3:41	5:41	1:50	1:43	4:48	2:43	2:24	4:45	1:39	1:46
18	Daura Santana	52:06	5:44	7:45	11:59	15:32	19:02	21:49	23:08	24:12	27:25	29:05	31:39	37:33	40:45	42:56	47:53	50:24	52:05
			5:44	2:01	4:14	3:33	3:30	2:47	1:19	1:04	3:13	1:40	2:34	5:54	3:12	2:11	4:57	2:31	1:41
19	Lucía Hernández Suárez	53:39	3:43	7:03	14:34	17:47	21:00	25:53	27:25	29:16	31:49	33:16	36:18	40:57	42:57	45:42	50:18	52:26	53:38
			3:43	3:20	7:31	3:13	3:13	4:53	1:32	1:51	2:33	1:27	3:02	4:39	2:00	2:45	4:36	2:08	1:12
20	Camila Bosich	53:42	7:43	10:51	15:29	17:36	20:22	22:06	23:37	24:40	28:07	29:45	31:36	36:54	42:57	46:35	49:17	51:51	53:41
			7:43	3:08	4:38	2:07	2:46	1:44	1:31	1:03	3:27	1:38	1:51	5:18	6:03	3:38	2:42	2:34	1:50
21	Ulises Portero Ajenjo	55:50	4:08	6:27	9:16	14:37	18:17	22:05	24:07	25:11	29:05	30:35	34:46	39:21	41:47	46:45	52:01	54:29	55:49
			4:08	2:19	2:49	5:21	3:40	3:48	2:02	1:04	3:54	1:30	4:11	4:35	2:26	4:58	5:16	2:28	1:20
22	Juan Carlos Santana	56:18	3:35	5:49	8:32	13:14	16:15	18:13	21:07	24:28	28:52	31:03	33:47	39:20	42:42	47:05	52:16	55:21	56:17
			3:35	2:14	2:43	4:42	3:01	1:58	2:54	3:21	4:24	2:11	2:44	5:33	3:22	4:23	5:11	3:05	0:56
23	Iriome Méndez	57:07	4:27	6:20	9:02	12:13	15:27	27:43	29:06	33:40	36:21	37:53	40:53	44:14	46:33	49:29	53:00	55:50	57:06
			4:27	1:53	2:42	3:11	3:14	12:16	1:23	4:34	2:41	1:32	3:00	3:21	2:19	2:56	3:31	2:50	1:16
24	Gloria Delgado López	57:28	4:00	10:06	12:07	16:38	20:17	23:15	26:18	27:53	32:06	34:16	37:35	42:10	44:01	46:52	52:03	55:44	57:27
			4:00	6:06	2:01	4:31	3:39	2:58	3:03	1:35	4:13	2:10	3:19	4:35	1:51	2:51	5:11	3:41	1:43
25	Simone Capolupo	59:00	4:10	6:15	9:56	13:15	16:08	21:44	23:19	27:13	30:02	31:38	35:52	40:30	45:27	48:54	54:50	57:23	58:59
			4:10	2:05	3:41	3:19	2:53	5:36	1:35	3:54	2:49	1:36	4:14	4:38	4:57	3:27	5:56	2:33	1:36
26	Carla De León Trujillo	1:00:04	7:11	10:53	15:13	17:40	19:44	23:16	25:31	27:33	32:25	34:31	37:31	42:11	45:03	47:59	55:36	58:23	1:00:03
			7:11	3:42	4:20	2:27	2:04	3:32	2:15	2:02	4:52	2:06	3:00	4:40	2:52	2:56	7:37	2:47	1:40

s	Nombre	Tiempo																		
(83)			3,9 km	30 m	16 C	(cont.)														
			1(37)	2(40)	3(41)	4(43)	5(40)	6(42)	7(39)	8(40)	9(56)	10(31)	11(36)	12(35)	13(34)	14(33)	15(32)	16(100)	Meta	
27	Noemy Arteaga Ortega	1:01:08	3:59 3:59 12:26 *41	22:55 18:56 14:06 *38	----- ----- 16:22 *43	----- ----- 27:14 *42	32:57 10:02 28:43 *39	-----	-----	-----	38:58 6:01	40:08 1:10	42:12 2:04	48:45 6:33	50:35 1:50	53:44 3:09	58:06 4:22	1:00:16 2:10	1:01:07 0:51	9:11 *42
28	Antonio Daniel Sánchez	1:01:17	4:04 4:04	7:01 2:57	9:51 2:50	14:01 4:10	16:46 2:45	18:59 2:13	22:31 3:32	25:20 2:49	28:24 3:04	30:51 2:27	33:36 2:45	38:24 4:48	48:52 10:28	50:57 2:05	56:36 5:39	1:00:36 4:00	1:01:16 0:40	
29	Verónica Perera Santos	1:01:33	2:31 2:31	4:51 2:20	8:56 4:05	16:05 7:09	20:41 4:36	23:30 2:49	24:43 1:13	27:34 2:51	31:31 3:57	33:11 1:40	35:19 2:08	43:47 8:28	47:43 3:56	50:39 2:56	57:19 6:40	1:00:34 3:15	1:01:32 0:58	
30	Abian Perez	1:02:00	3:59 3:59	7:32 3:33	11:15 3:43	16:12 4:57	20:31 4:19	24:34 4:03	28:20 3:46	31:32 3:12	35:05 3:33	37:58 2:53	40:12 2:14	47:22 7:10	49:42 2:20	52:53 3:11	58:18 5:25	1:00:58 2:40	1:01:59 1:01	
31	Marta Rodríguez Santana	1:02:24	4:42 4:42	7:49 3:07	11:03 3:14	16:03 5:00	20:07 4:04	23:45 3:38	27:17 3:32	29:16 1:59	33:46 4:30	36:59 3:13	40:19 3:20	46:02 5:43	49:51 3:49	52:53 3:02	58:13 5:20	1:01:31 3:18	1:02:23 0:52	
32	Eduardo Rodríguez Manz	1:02:47	3:20 3:20	10:29 7:09	13:01 2:32	17:45 4:44	22:12 4:27	25:14 3:02	27:35 2:21	29:28 1:53	34:02 4:34	36:15 2:13	38:19 2:04	44:43 6:24	47:49 3:06	51:54 4:05	57:21 5:27	1:00:46 3:25	1:02:46 2:00	8:06 *42
33	Nayara Modesta López P	1:05:20	3:57 3:57	11:21 7:24	13:01 1:40	17:03 4:02	21:46 4:43	28:40 6:54	30:41 2:01	35:06 4:25	39:39 4:33	40:58 1:19	42:46 1:48	47:07 4:21	51:31 4:24	53:31 2:00	1:01:02 7:31	1:03:35 2:33	1:05:19 1:44	
34	Gabriel Hernández Lass	1:06:13	2:34 2:34	4:23 1:49	6:34 2:11	9:39 3:05	12:34 2:55	22:44 10:10	23:58 1:14	25:55 1:57	37:03 11:08	38:34 1:31	39:48 1:14	52:12 12:24	55:29 3:17	58:00 2:31	1:02:53 4:53	1:05:02 2:09	1:06:12 1:10	
35	Tete Sánchez Andújar	1:07:01	5:14 5:14	7:47 2:33	9:50 2:03	13:29 3:39	16:43 3:14	22:10 5:27	24:09 1:59	30:42 6:33	36:04 5:22	37:54 1:50	40:59 3:05	46:06 5:07	51:13 5:07	55:03 3:50	1:01:08 6:05	1:04:47 3:39	1:07:00 2:13	
36	Elva Santana Del Castillo	1:08:29	3:10 3:10	9:53 6:43	12:39 2:46	16:57 4:18	21:15 4:18	28:20 7:05	30:15 1:55	35:12 4:57	39:13 4:01	40:33 1:20	42:30 1:57	50:38 8:08	54:40 4:02	57:34 2:54	1:03:59 6:25	1:07:29 3:30	1:08:28 0:59	
37	Adrián García Ojeda	1:09:28	6:55 6:55	9:10 2:15	12:20 3:10	15:10 2:50	17:42 2:32	20:57 3:15	24:39 3:42	25:47 1:08	31:02 5:15	36:26 5:24	38:40 2:14	47:13 8:33	52:22 5:09	54:56 2:34	58:49 3:53	1:08:53 10:04	1:09:27 0:34	
38	Haridian Ramirez	1:10:58	3:07 3:07	5:01 1:54	9:56 4:55	15:10 5:14	17:22 2:12	35:19 17:57	36:56 1:37	38:51 1:55	41:44 2:53	44:01 2:17	45:52 1:51	51:35 5:43	54:49 3:14	58:53 4:04	1:05:52 6:59	1:09:02 3:10	1:10:57 1:55	23:11 *39
39	Álvaro Medina Rodríguez	1:11:00	16:48 16:48	18:51 2:03	26:04 7:13	29:39 3:35	34:13 4:34	36:52 2:39	38:09 1:17	43:11 5:02	47:54 4:43	49:44 1:50	52:35 2:51	58:49 6:14	1:00:30 1:41	1:02:57 2:27	1:07:57 5:00	1:09:39 1:42	1:10:59 1:20	4:50 *100
40	Álvaro Pérez González	1:12:31	2:54 2:54	5:28 2:34	7:23 1:55	11:19 3:56	16:55 5:36	21:27 4:32	25:50 4:23	31:17 5:27	36:41 5:24	37:45 1:04	40:55 3:10	45:00 4:05	47:34 2:34	50:10 2:36	1:09:22 19:12	1:10:55 1:33	1:12:30 1:35	
41	Óscar Benítez Acosta	1:14:12	4:22 4:22	6:42 2:20	9:25 2:43	14:21 4:56	20:46 6:25	23:06 2:20	34:56 11:50	39:52 4:56	44:36 4:44	45:58 1:22	48:09 2:11	57:17 9:08	1:01:03 3:46	1:05:13 4:10	1:11:06 5:53	1:12:43 1:37	1:14:11 1:28	11:47 *38
42	Pablo Rodríguez Bordón	1:14:41	3:34 3:34	6:21 2:47	8:32 2:11	12:08 3:36	15:55 3:47	18:39 2:44	21:31 2:52	28:55 7:24	32:18 3:23	34:12 1:54	36:27 2:15	41:21 4:54	44:53 3:32	47:32 2:39	1:07:53 20:21	1:12:30 4:37	1:14:40 2:10	
43	María González Barrios	1:17:12	4:29 4:29	7:39 3:10	13:45 6:06	18:35 4:50	24:38 6:03	27:41 3:03	29:05 1:24	32:52 3:47	37:06 4:14	40:39 3:33	43:11 2:32	52:42 9:31	58:01 5:19	1:02:52 4:51	1:10:38 7:46	1:15:31 4:53	1:17:11 1:40	
44	Raúl Rodríguez Rodríguez	1:18:22	5:18 5:18	7:48 2:30	16:50 9:02	20:18 3:28	24:58 4:40	28:13 3:15	40:07 11:54	44:51 4:44	48:01 3:10	50:04 2:03	53:08 3:04	59:54 6:46	1:02:48 2:54	1:05:54 3:06	1:12:16 6:22	1:15:05 2:49	1:18:21 3:16	
45	Paula Martín Ojeda	1:18:31	5:16 5:16	9:07 3:51	12:28 3:21	16:20 3:52	22:04 5:44	34:18 12:14	37:22 3:04	40:12 2:50	44:40 4:28	47:03 2:23	50:17 3:14	57:25 7:08	1:02:04 4:39	1:04:37 2:33	1:12:52 8:15	1:17:25 4:33	1:18:30 1:05	
46	Cristina Rodriguez	1:20:00	5:50 5:50	7:44 1:54	11:20 3:36	15:21 4:01	18:46 3:25	21:25 2:39	23:04 1:39	29:50 6:46	33:44 3:54	35:50 2:06	39:23 3:33	46:13 6:50	1:05:30 19:17	1:09:36 4:06	1:14:35 4:59	1:18:03 3:28	1:19:59 1:56	
47	Ivan Rivero Vega Independiente	1:21:51	16:02 16:02	24:45 8:43	27:47 3:02	31:26 3:39	34:56 3:30	36:51 1:55	38:52 2:01	45:49 6:57	49:42 3:53	59:15 9:33	1:01:13 1:58	1:06:01 4:48	1:09:09 3:08	1:12:43 3:34	1:17:56 5:13	1:20:56 3:00	1:21:50 0:54	

s	Nombre	Tiempo																	
(83)			3,9 km	30 m	16 C	(cont.)													Meta
			1(37)	2(40)	3(41)	4(43)	5(40)	6(42)	7(39)	8(40)	9(56)	10(31)	11(36)	12(35)	13(34)	14(33)	15(32)	16(100)	Meta
48	Nicolás Becona	1:22:47	5:41	11:14	15:18	19:00	23:53	26:43	29:44	31:47	38:55	42:09	45:59	52:54	1:05:57	1:11:07	1:17:18	1:21:01	1:22:46
			5:41	5:33	4:04	3:42	4:53	2:50	3:01	2:03	7:08	3:14	3:50	6:55	13:03	5:10	6:11	3:43	1:45
48	Sergio Hernández Artile	1:22:47	21:51	23:41	29:58	33:06	36:29	53:53	55:25	56:42	1:00:12	1:01:52	1:04:11	1:09:09	1:11:04	1:14:49	1:19:04	1:21:30	1:22:46
			21:51	1:50	6:17	3:08	3:23	17:24	1:32	1:17	3:30	1:40	2:19	4:58	1:55	3:45	4:15	2:26	1:16
50	Gema Vega López	1:23:29	11:33	14:02	16:34	20:41	24:35	27:18	29:04	39:42	45:54	49:05	54:41	1:03:34	1:07:33	1:12:14	1:18:00	1:21:34	1:23:28
			11:33	2:29	2:32	4:07	3:54	2:43	1:46	10:38	6:12	3:11	5:36	8:53	3:59	4:41	5:46	3:34	1:54
51	Carla Rodríguez Vulcán	1:24:19	3:14	5:40	9:35	13:37	21:48	25:20	27:19	29:08	34:20	39:07	43:30	50:29	1:08:39	1:11:17	1:18:12	1:22:54	1:24:18
			3:14	2:26	3:55	4:02	8:11	3:32	1:59	1:49	5:12	4:47	4:23	6:59	18:10	2:38	6:55	4:42	1:24
52	Nayara Ramos Jiménez	1:24:52	6:11	11:38	20:07	24:56	29:43	40:25	43:01	45:33	50:10	53:05	55:59	1:02:11	1:06:21	1:10:47	1:20:45	1:23:33	1:24:51
			6:11	5:27	8:29	4:49	4:47	10:42	2:36	2:32	4:37	2:55	2:54	6:12	4:10	4:26	9:58	2:48	1:18
53	Aishe García Pulido	1:25:42	3:38	7:04	18:57	23:38	28:29	34:59	39:40	49:52	54:58	56:20	1:00:33	1:08:18	1:11:09	1:16:21	1:21:55	1:24:04	1:25:41
			3:38	3:26	11:53	4:41	4:51	6:30	4:41	10:12	5:06	1:22	4:13	7:45	2:51	5:12	5:34	2:09	1:37
54	Jorge Castro Padrón	1:25:45	3:38	7:06	19:04	23:42	28:46	35:10	39:42	49:52	55:03	56:32	1:00:29	1:08:28	1:11:33	1:16:25	1:22:01	1:24:08	1:25:44
			3:38	3:28	11:58	4:38	5:04	6:24	4:32	10:10	5:11	1:29	3:57	7:59	3:05	4:52	5:36	2:07	1:36
55	María Del Pino Herrera G	1:25:47	4:42	7:02	12:15	17:08	24:29	28:33	35:36	42:53	49:09	52:00	55:09	1:02:17	1:09:42	1:13:41	1:19:32	1:24:16	1:25:46
			4:42	2:20	5:13	4:53	7:21	4:04	7:03	7:17	6:16	2:51	3:09	7:08	7:25	3:59	5:51	4:44	1:30
56	Ainhoa Ruíz Trujillo	1:27:13	5:37	7:43	12:58	17:54	23:40	27:52	30:00	33:47	37:18	39:54	42:05	52:57	1:12:52	1:16:45	1:21:47	1:25:30	1:27:12
			5:37	2:06	5:15	4:56	5:46	4:12	2:08	3:47	3:31	2:36	2:11	10:52	19:55	3:53	5:02	3:43	1:42
57	Haridian Perdomo Hormi	1:29:04	6:04	9:53	23:57	28:53	35:17	43:19	47:01	49:27	54:18	55:46	59:49	1:06:22	1:10:28	1:14:50	1:24:58	1:27:31	1:29:03
			6:04	3:49	14:04	4:56	6:24	8:02	3:42	2:26	4:51	1:28	4:03	6:33	4:06	4:22	10:08	2:33	1:32
58	Miriam Perez Diaz	1:31:09	20:58	23:09	27:08	30:31	33:38	35:39	38:36	39:53	44:57	51:29	54:03	1:12:16	1:18:37	1:21:40	1:27:04	1:29:41	1:31:08
			20:58	2:11	3:59	3:23	3:07	2:01	2:57	1:17	5:04	6:32	2:34	18:13	6:21	3:03	5:24	2:37	1:27
59	Ariadna Yalorde Navarro	1:31:20	9:04	11:53	17:11	22:06	27:51	32:09	34:11	38:05	41:28	44:03	46:11	57:07	1:17:02	1:20:57	1:25:57	1:29:22	1:31:19
			9:04	2:49	5:18	4:55	5:45	4:18	2:02	3:54	3:23	2:35	2:08	10:56	19:55	3:55	5:00	3:25	1:57
60	David Santana Independiente	1:33:21	8:42	12:50	21:40	25:13	33:43	36:25	38:13	40:54	58:48	1:01:39	1:04:29	1:09:07	1:11:43	1:15:23	1:24:41	1:31:51	1:33:20
			8:42	4:08	8:50	3:33	8:30	2:42	1:48	2:41	17:54	2:51	2:50	4:38	2:36	3:40	9:18	7:10	1:29
61	Yeray Arias Domínguez	1:38:46	5:53	10:00	13:39	18:44	29:00	35:49	39:40	47:20	54:55	57:47	1:01:08	1:08:14	1:14:22	1:19:18	1:30:19	1:37:31	1:38:45
			5:53	4:07	3:39	5:05	10:16	6:49	3:51	7:40	7:35	2:52	3:21	7:06	6:08	4:56	11:01	7:12	1:14
62	María Morales Mena	1:42:42	18:06	22:03	29:03	39:36	49:58	55:19	59:10	1:01:04	1:11:47	1:14:40	1:19:01	1:23:43	1:28:08	1:31:03	1:38:25	1:41:15	1:42:41
			18:06	3:57	7:00	10:33	10:22	5:21	3:51	1:54	10:43	2:53	4:21	4:42	4:25	2:55	7:22	2:50	1:26
63	Janet Acosta	1:43:38	8:43	24:39	31:02	37:46	42:56	45:20	49:43	52:39	59:45	1:02:59	1:06:49	1:12:13	1:25:33	1:30:36	1:36:32	1:40:37	1:43:37
			8:43	15:56	6:23	6:44	5:10	2:24	4:23	2:56	7:06	3:14	3:50	5:24	13:20	5:03	5:56	4:05	3:00
64	Sofía Rouwhorst Mariño	1:44:31	6:16	10:48	14:42	20:01	30:21	36:56	40:47	42:40	49:07	50:45	55:42	1:01:24	1:18:48	1:23:08	1:38:40	1:42:50	1:44:30
			6:16	4:32	3:54	5:19	10:20	6:35	3:51	1:53	6:27	1:38	4:57	5:42	17:24	4:20	15:32	4:10	1:40
65	Manuel Valido Montesde	1:46:10	11:03	26:00	29:03	33:08	36:13	40:44	48:44	51:13	57:00	58:10	59:57	1:14:00	1:21:28	1:25:14	1:42:17	1:44:42	1:46:09
			11:03	14:57	3:03	4:05	3:05	4:31	8:00	2:29	5:47	1:10	1:47	14:03	7:28	3:46	17:03	2:25	1:27
66	Ivette Vega Hernández	1:56:00	18:43	28:32	32:05	36:30	40:40	45:39	47:09	52:56	1:04:27	1:07:18	1:11:24	1:24:04	1:35:26	1:40:48	1:49:01	1:52:54	1:55:59
			18:43	9:49	3:33	4:25	4:10	4:59	1:30	5:47	11:31	2:51	4:06	12:40	11:22	5:22	8:13	3:53	3:05
67	Óscar Pérez Ojeda	2:02:11	33:51	42:00	55:18	1:00:53	1:07:28	1:16:45	1:19:55	1:29:52	1:34:13	1:36:34	1:39:09	1:44:30	1:47:54	1:52:20	1:57:24	2:00:47	2:02:10
			33:51	8:09	13:18	5:35	6:35	9:17	3:10	9:57	4:21	2:21	2:35	5:21	3:24	4:26	5:04	3:23	1:23
68	Awa Gueye Sow	2:10:22	6:34	11:03	16:10	21:49	29:30	34:12	39:12	43:41	54:18	1:00:59	1:05:41	1:22:06	1:29:08	1:35:51	1:58:38	2:04:01	2:10:21
			6:34	4:29	5:07	5:39	7:41	4:42	5:00	4:29	10:37	6:41	4:42	16:25	7:02	6:43	22:47	5:23	6:20
69	Santiago Guzmán Verder	2:17:53	27:38	32:42	41:13	47:58	59:12	1:05:15	1:08:58	1:15:10	1:26:21	1:29:23	1:33:17	1:46:00	1:57:09	2:02:35	2:10:50	2:15:24	2:17:52

s	Nombre	Tempo																		
(83)			3,9 km	30 m	16 C	(cont.)														
			1(37)	2(40)	3(41)	4(43)	5(40)	6(42)	7(39)	8(40)	9(56)	10(31)	11(36)	12(35)	13(34)	14(33)	15(32)	16(100)	Meta	
			27:38	5:04	8:31	6:45	11:14	6:03	3:43	6:12	11:11	3:02	3:54	12:43	11:09	5:26	8:15	4:34	2:28	
	Florencia Ramírez Zochi	or en tarj.	7:29	11:04	14:50	20:20	26:24	31:20	32:56	34:57	-----	-----	-----	-----	-----	-----	-----	39:54	40:48	36:29
			7:29	3:35	3:46	5:30	6:04	4:56	1:36	2:01								4:57	0:54	*37
	Carla Gómez García	or en tarj.	3:13	4:55	6:38	10:02	14:32	16:28	19:25	22:27	25:11	27:05	29:13	33:43	-----	37:46	42:55	45:42	47:14	
			3:13	1:42	1:43	3:24	4:30	1:56	2:57	3:02	2:44	1:54	2:08	4:30		4:03	5:09	2:47	1:32	
	Tania Del Carmen Martín	or en tarj.	5:41	13:50	18:38	21:48	28:44	30:23	32:58	34:39	39:26	-----	42:31	45:53	48:00	52:24	54:52	57:59	1:00:28	
			5:41	8:09	4:48	3:10	6:56	1:39	2:35	1:41	4:47		3:05	3:22	2:07	4:24	2:28	3:07	2:29	
	Nayra Sarmiento Guerra	or en tarj.	6:42	14:19	19:15	22:53	29:47	31:17	34:01	35:42	40:28	-----	43:36	46:59	49:05	53:29	55:57	58:41	1:01:30	
			6:42	7:37	4:56	3:38	6:54	1:30	2:44	1:41	4:46		3:08	3:23	2:06	4:24	2:28	2:44	2:49	
	Nayra Benito González	or en tarj.	3:52	7:33	11:17	16:49	22:52	27:33	29:13	33:38	38:37	40:26	-----	50:27	54:25	1:01:17	1:08:32	1:11:35	1:13:02	
			3:52	3:41	3:44	5:32	6:03	4:41	1:40	4:25	4:59	1:49		10:01	3:58	6:52	7:15	3:03	1:27	
	Agueda Cabrera	or en tarj.	13:11	14:43	16:21	20:19	25:58	33:46	41:47	46:41	49:51	51:22	54:28	58:38	-----	1:06:22	1:12:55	1:15:40	1:16:55	
			13:11	1:32	1:38	3:58	5:39	7:48	8:01	4:54	3:10	1:31	3:06	4:10		7:44	6:33	2:45	1:15	
	Lorena Reitz Acosta	or en tarj.	4:57	25:34	28:46	33:06	37:06	40:21	41:39	43:00	46:04	-----	50:10	59:43	1:06:19	1:10:20	1:16:57	1:23:48	1:26:44	
			4:57	20:37	3:12	4:20	4:00	3:15	1:18	1:21	3:04		4:06	9:33	6:36	4:01	6:37	6:51	2:56	
	José Manuel Vidal Gonzá	or en tarj.	5:12	9:09	12:42	16:52	20:09	23:57	-----	25:59	29:41	31:33	33:41	38:21	41:12	45:13	1:36:44	1:42:31	1:44:13	21:46
			5:12	3:57	3:33	4:10	3:17	3:48		2:02	3:42	1:52	2:08	4:40	2:51	4:01	51:31	5:47	1:42	*39
	Ariana Falcón Rodríguez	or en tarj.	5:20	8:40	26:42	33:28	38:57	57:48	1:00:58	1:05:14	1:31:17	1:33:48	1:36:20	1:56:48	-----	-----	-----	1:59:36	2:01:54	
			5:20	3:20	18:02	6:46	5:29	18:51	3:10	4:16	26:03	2:31	2:32	20:28				2:48	2:18	
	Belén Guzmán	or en tarj.	7:22	10:38	19:04	24:02	29:08	31:59	35:02	38:07	44:50	47:39	51:43	1:05:04	1:32:49	1:37:28	-----	2:13:58	2:16:13	
			7:22	3:16	8:26	4:58	5:06	2:51	3:03	3:05	6:43	2:49	4:04	13:21	27:45	4:39		36:30	2:15	
	Verónica Monzón Santan	or en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	4:00:00	38:49
	Independiente																		4:00:00	*80
			45:09	58:24	2:11:32	2:39:38	2:50:20	3:11:27	3:17:52	3:25:51	3:38:04	3:48:01								
			*222	*54	*46	*244	*94	*83	*85	*93	*91	*92								
	Miguel Gilberto Peñate P	or en tarj.	8:38	11:25	15:38	21:07	26:48	38:00	40:05	41:40	52:11	-----	55:54	1:14:01	1:24:12	1:29:25	1:39:56	1:43:14		
			8:38	2:47	4:13	5:29	5:41	11:12	2:05	1:35	10:31		3:43	18:07	10:11	5:13	10:31	3:18		
	Irene Posa Marín	or en tarj.	4:39	54:23	-----	-----	54:32	-----	-----	-----	59:14	1:00:54	1:03:06	1:07:52	1:11:36	1:18:48	1:24:57	1:28:13		16:54
			4:39	49:44			0:09				4:42	1:40	2:12	4:46	3:44	7:12	6:09	3:16		*42
			24:32	26:46	30:22	41:32	42:36													
			*41	*38	*42	*42	*39													
	Kiruna Dv	bandona	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
(6)			3,8 km	40 m	16 C															
			1(32)	2(33)	3(34)	4(35)	5(36)	6(31)	7(56)	8(40)	9(41)	10(43)	11(40)	12(39)	13(42)	14(40)	15(37)	16(100)	Meta	
	1 Juan Alberto Rodríguez	37:26	1:24	3:37	5:42	7:13	10:54	14:06	15:13	18:28	19:54	23:09	25:19	28:24	29:55	31:33	33:57	36:34	37:25	
			1:24	2:13	2:05	1:31	3:41	3:12	1:07	3:15	1:26	3:15	2:10	3:05	1:31	1:38	2:24	2:37	0:51	
	2 Ana Maria Parriego De C	49:20	3:13	6:32	9:49	12:21	18:53	20:44	22:00	26:49	30:02	34:08	37:46	39:56	41:55	43:37	45:25	48:25	49:19	
			3:13	3:19	3:17	2:32	6:32	1:51	1:16	4:49	3:13	4:06	3:38	2:10	1:59	1:42	1:48	3:00	0:54	
	3 Paula Cardona Rodríguez	54:56	2:43	6:28	9:51	13:13	17:13	21:58	23:27	30:35	33:20	37:45	41:25	43:30	45:24	47:19	49:34	53:36	54:55	
			2:43	3:45	3:23	3:22	4:00	4:45	1:29	7:08	2:45	4:25	3:40	2:05	1:54	1:55	2:15	4:02	1:19	

s	Nombre	Tiempo																				
(6)			6,4 km 80 m 23 C			<i>(cont.)</i>																
			1(37)	2(40)	3(43)	4(48)	5(46)	6(50)	7(51)	8(52)	9(49)	10(54)	11(45)	12(44)	13(42)	14(39)	15(40)	16(38)	17(41)	18(40)	19(56)	
			20(31)	21(36)	22(35)	23(100)	Meta															
3	Christian Alexis Jiménez	59:20	1:48	3:02	4:55	9:51	12:59	23:40	25:28	26:31	28:25	31:47	34:50	37:37	43:03	44:27	45:10	46:57	48:00	49:15	51:13	
			1:48	1:14	1:53	4:56	3:08	10:41	1:48	1:03	1:54	3:22	3:03	2:47	5:26	1:24	0:43	1:47	1:03	1:15	1:58	
			52:15	54:06	56:56	58:48	59:19															
			1:02	1:51	2:50	1:52	0:31															
4	Juan Manuel Kesraoui Al	1:04:30	2:45	3:44	6:01	11:31	15:29	27:37	29:52	31:16	33:31	37:26	40:46	44:02	46:15	47:42	48:31	50:45	51:43	53:58	56:32	
			2:45	0:59	2:17	5:30	3:58	12:08	2:15	1:24	2:15	3:55	3:20	3:16	2:13	1:27	0:49	2:14	0:58	2:15	2:34	
			58:02	59:33	1:02:44	1:03:42	1:04:29															
			1:30	1:31	3:11	0:58	0:47															
	Daniel Suárez Erlano	bandona	-----	1:50:18	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:53:21
				1:50:18																		3:03
			1:55:27	-----	-----	-----	2:00:28		20:26	23:50	33:09	36:35	1:06:00	1:12:36	1:23:03	1:27:25	1:43:06	1:45:12				
			2:06				5:01		*35	*36	*42	*43	*50	*51	*49	*54	*42	*39				
	Enrique Martel García	bandona	55:49	1:03:10	1:12:56	1:28:04	1:36:40	1:47:35	2:03:29	2:05:06	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			55:49	7:21	9:46	15:08	8:36	10:55	15:54	1:37												
			-----	-----	-----	-----																