

Activities

Outdoor activities



Indoor activities



Other outdoor activities

Ball games



Outdoor activities



Water sports



Extreme sports



Grammar

Saying what you/others like

**like + noun / -ing form**

I like tennis / I like playing tennis



**be keen on + noun / -ing form**

She's keen on the cinema / going to the cinema



**love + noun / -ing form**

He loves football / He loves watching football



**enjoy + noun / -ing form**

We enjoy sports / playing sports



Remember:

subject + **like (+ -ing / noun)** is for general likes  
She likes going to the cinema. / You like watching football.

subject'd **like + verb** is for a specific occasion.  
I'd like to go to the cinema next weekend.



Adding emphasis

You can add **very much** at the end of the sentence:

She likes football **very much**.

You can add **at all** to a negative sentence if you don't like something:

We don't like basketball **at all**.

To talk about your hobbies you can say...

In my free time I...  
When I have some spare time I...  
When I get the time, I...  
My favourite hobbies are...

More expressions



When you like...

I enjoy (+ noun / gerund)  
I'm interested in (+ noun / gerund)  
I'm into (+ noun / gerund)  
I'm keen on (+ noun / gerund)  
I'm a big fan of...  
I'm crazy about...

When you dislike...

I don't like...  
I'm not into...  
I'm not a great fan of...  
... is not my thing.  
I have no interest in...  
I can't stand...

Play, do or go?

**Play + sport / game**

Use **play** for team sports or sports played with a ball.  
E.g., tennis, football, basketball, computer games...  
My sister plays tennis every weekend.



**Do + hobby / individual sport**

Use **do** with sports that you don't need any equipment to do.  
My brother likes doing DIY.



Remember

People who do yoga seriously often say "I practice yoga". That's fine.

**Go + activity**

Use **go** for sports that end in **-ing**.  
E.g. go swimming, go fishing  
I go swimming three times a week.



Remember

Boxing, fencing and weight training are not used with go. We say "do fencing", "do boxing".

Talking about your hobby adding more details

Use **adverbs of frequency** (always, sometimes, usually, etc) or another phrase to talk about how often (once, twice, three times,...) or when you do your hobby (day/week/month,...)

- I only watch football at the weekends.
- He goes to the gym four times a week.
- You don't often have time to socialise with friends.



You can say why you like your hobby by describing it with an **-ing** adjective.

- She likes swimming because it's relaxing.
- Watching football is exciting.
- It's interesting to surf the net.

