

LETTER TO GIVE ADVICE TO A WOMAN WHO HAS SUFFERED GENDER VIOLENCE

Dear Jane,

I'm so sorry I haven't written for months and the truth is that the motives of this letter aren't happy at all. To begin with, last weekend a friend of us told me that you had denounced your husband for gender violence. I immediately wondered what had happened to you, which led me, sadly, to write to you today.

The first advise you can consider is to stay away from him. Therefore, you can issue a restraining order. Even if I don't know yet what abuse was carried out, just be sure that my house is yours now and whenever you need it. Nevertheless, remember that you need to restart your life and the best way to do it is by moving on to another house.

But I think that you need to hear something else: don't listen to those who say you're wrong. Lately, I've found that, unfortunately, it's necessary since a lot of men and women will try to sway you not to report those abuses. However, they couldn't be more wrong, so you have to persist and be strong. Otherwise, if you pay heed of their demands, you will forget your own wellness and freedom.

I'm willing to hear from you soon! Please, remember to stand up for yourself. I'm here for you and you can always count on me. Thus, call me as soon as you read this and don't let him see it.

Regards,

Carlota.

Carlota Fernández Hernández (1º Bachillerato A)